

#CommunityStrong Walk 2017

5K Walk

Sunday, June 25, 2017

9 a.m.

Race Location: 24 S. Wisner Street. Registration is at 9 a.m.

Parking: Attendees can utilize street parking or use the nearby Carroll Creek parking garage

Course Description: Walkers will head out from our Vocational Services building on Wisner Street, loop around Carroll Creek, and head back to Wisner Street.

Proceeds: Benefit the programs and services of Community Living, Inc.

Entry Cost information: All attendees must raise/contribute \$25 by June 24, 2017. Free event t-shirts will be offered while supplies last.

Make checks payable to: Community Living, Inc., 620B Research Court, Frederick, MD 21703

Contact: Elaina Clarke, 301-663-8811, elainac@communitylivinginc.org

#COMMUNITYSTRONG WALK 2017 FORM

PLEASE PRINT LEGIBLY

Name _____ Sex _____ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle One) XS SM M L XL 2XL NONE

Name of affiliation of Club or Team _____

Waiver (MUST BE SIGNED)

I know that walking in a 5K is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a walk official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the walk and agree to abide by them. I assume all risks associated with walking in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the #CommunityStrong Walk 2017, the city of Frederick, and Community Living, Inc., all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____ Date _____

Parent or Guardian if under 18 _____

****IF PAYING BY CREDIT CARD, PLEASE FILL OUT THE FOLLOWING FORM****

Name _____

Address _____

City, State _____

Zip _____

Credit Card Number _____ Security Code _____ Expiration: _____

No refunds will be issued for any reason

